

Daily Devotions for Families and Individuals

These devotions are taken from *The Book of Common Prayer*, pages 136 - 140.

You're encouraged to use them as you see fit for the needs you have each day. As noted, the Psalms or Readings may be replaced by those of the day (see page 934 ff.) and another devotional lectionary.

These devotions follow the basic structure of the Daily Office of the Church.

When more than one person is present, the Reading and the Collect should be read by one person, and the other parts said in unison, or in some other convenient manner. (For suggestions about reading the Psalms, see [page 582](#).)

For convenience, appropriate Psalms, Readings, and Collects are provided in each service. When desired, however, the Collect of the Day, or any of the Collects appointed in the Daily Offices, may be used instead.

The Psalms and Readings may be replaced by those appointed in

- a) the Lectionary for Sundays, Holy Days, the Common of Saints, and Various Occasions, [page 888](#)
- b) the Daily Office Lectionary, [page 934](#)
- c) some other manual of devotion which provides daily selections for the Church Year.

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In the Morning

From Psalm 51

Open my lips, O Lord, *
and my mouth shall proclaim your praise.
Create in me a clean heart, O God, *
and renew a right spirit within me.
Cast me not away from your presence *
and take not your holy Spirit from me.
Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

A Reading

Blessed be the God and Father of our Lord Jesus Christ!
By his great mercy we have been born anew to a living hope
through the resurrection of Jesus Christ from the dead.
1 Peter 1:3

A period of silence may follow.

A hymn or canticle may be used; the [Apostles' Creed](#) may be said.

Prayers may be offered for ourselves and others.

The Lord's Prayer

The Collect

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.

Prayer is an important part of our faith journey, and you are encouraged to pray for others who may need to be surrounded by God's grace and healing, or for yourself, as well as the world. There are additional prayers offered beginning on page 810 of *The Book of Common Prayer*.

A great thing to invest in as you explore your BCP is a ribbon bookmark so that you can mark various pages.

At Noon

From Psalm 113

Give praise, you servants of the LORD; *
praise the Name of the LORD.
Let the Name of the LORD be blessed, *
from this time forth for evermore.
From the rising of the sun to its going down *
let the Name of the LORD be praised.
The LORD is high above all nations, *
and his glory above the heavens.

A Reading

O God, you will keep in perfect peace those whose minds are fixed on you; for in returning and rest we shall be saved; in quietness and trust shall be our strength. *Isaiah 26:3; 30:15*

Prayers may be offered for ourselves and others.

The Lord's Prayer

The Collect

Blessed Savior, at this hour you hung upon the cross, stretching out your loving arms: Grant that all the peoples of the earth may look to you and be saved; for your mercies' sake. *Amen.*

or this

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. *Amen.*

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In the Early Evening

This devotion may be used before or after the evening meal.

The Order of Worship for the Evening, [page 109](#), may be used instead.

O gracious light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of Life,
and to be glorified through all the worlds.

A Reading

It is not ourselves that we proclaim; we proclaim Christ Jesus as Lord, and ourselves as your servants, for Jesus' sake. For the same God who said, "Out of darkness let light shine," has caused his light to shine within us, to give the light of revelation—the revelation of the glory of God in the face of Jesus Christ. *2 Corinthians 4:5-6*

Prayers may be offered for ourselves and others.

The Lord's Prayer

The Collect

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in

On the first Wednesday of the month, St. Michael & All Angels offers a brief service of noonday prayer livestreamed at noon. You can find the service on their Facebook page or YouTube channel by heading to their website at www.stmichaelsbuffalo.org and clicking the Facebook or YouTube icon in the top right of the screen.

At the Close of Day

Psalm 134

Behold now, bless the LORD, all you servants of the LORD, *
you that stand by night in the house of the LORD.
Lift up your hands in the holy place and bless the LORD; *
the LORD who made heaven and earth bless you out of Zion.

A Reading

Lord, you are in the midst of us and we are called by your
Name: Do not forsake us, O Lord our God. *Jeremiah 14:9,22*

The following may be said

Lord, you now have set your servant free *
to go in peace as you have promised;
For these eyes of mine have seen the Savior, *
whom you have prepared for all the world to see;
A Light to enlighten the nations, *
and the glory of your people Israel.

*Prayers for ourselves and others may follow. It is appropriate that
prayers of thanksgiving for the blessings of the day, and penitence for our
sins, be included.*

The Lord's Prayer

The Collect

Visit this place, O Lord, and drive far from it all snares of the
enemy; let your holy angels dwell with us to preserve us in
peace; and let your blessing be upon us always; through Jesus
Christ our Lord. *Amen.*

The almighty and merciful Lord, Father, Son, and Holy Spirit,
bless us and keep us. *Amen.*

Questions for the Journey of Lent:

1. What is the purpose of the Collect in the Daily Devotions, and how can it be adapted for different occasions?
2. Which Psalms and scripture readings are suggested for the devotion "At Noon," and what themes do they emphasize?
3. How might the structure of the devotion "In the Early Evening" help individuals or families transition from the day's activities to a time of reflection and prayer?
4. How can the prayers and readings in "At the Close of Day" be used to cultivate gratitude and penitence before resting? (Next week, we'll be looking at the practice of using Compline to close the day - either as a family or alone.)
5. How might the Psalms, readings, and collects in the "Daily Devotions for Individuals and Families" be adapted or combined to create a personalized daily spiritual practice that aligns with both traditional liturgy and personal needs?